




Monday	Tuesday	Wednesday	Thursday	Friday
 	<p>JP) Jenkins Place (OCC) Olmsted Community Center (#) Registration Required (*) Light Meal Included (\$) Cost for Program</p>	<p>1 HAPPY NEW YEAR! CITY HALL & JENKINS PLACE CLOSED</p>	<p>2 JENKINS PLACE CLOSED</p>	<p>3 9:15 First Friday Breakfast - JP (#*) 10:30 SS Exercise - OCC 11:00 Scrabble - JP (#) 12:00 BINGO (#) 1:00 Brain Fit - JP (#)</p>
<p>6 9:30 SS Chair Yoga – OCC 10:00 Mah Jongg - JP (#) 12:00 Soup Potluck Lunch - JP (#*)</p>	<p>7 9:15 SS Exercise - OCC 10:00 Wii Bowling – JP 10:30 SS Exercise – OCC 1:00 Trivial Pursuit - JP (#) 2-4:00 Nurse Practitioner Office Hours - JP</p>	<p>8 9:30 SS Chair Yoga – OCC 12-4 OSHIIP Rep - JP (#) 1:00 Watercolor - JP (\$) 1:00 Community Conversation with Dr. Lloyd (OFCS Schools) - JP (#)</p>	<p>9 9:00-1:00 Foot Care - JP (#\$) 10:00 Mexican Train Dominoes - JP (#) 11:00 Tai Chi Easy – JP (#) For Wellness & Balance</p>	<p>10 9:15 SS Exercise - OCC 10:30 SS Exercise - OCC 11:00 Scrabble - JP (#) 12:00 BINGO (#) 1:00 Brain Fit - JP (#)</p>
<p>13 9:30 SS Chair Yoga – OCC 10:00 Mah Jongg - JP (#) 12:00 Posture & Balance LNL - JP (#*)</p>	<p>14 9:15 SS Exercise – OCC 9:00 SS Webinar - JP (#) 10:00 Wii Bowling – JP 10:30 SS Exercise - OCC 12:00 Senior Quick Tips -JP (#)</p>	<p>15 9:30 SS Chair Yoga – OCC 10:00-12:00 Hearing Screening - JP (#) 1:00 Watercolor - JP (\$) 1:00 Scrabble - JP (#)</p>	<p>16 10:00 OF Library -JP (#) 10:30 Blood Pressure W/OFP - JP 11:00 Tai Chi Easy- JP (#) For Wellness & Balance</p>	<p>17 9:15 SS Exercise - OCC 10:30 SS Exercise – OCC 11:00 Scrabble - JP (#) 12:00 BINGO - JP (#) 1:00 Brain Fit - JP (#)</p>
<p>20 9:30 SS Chair Yoga – OCC CITY HALL & JENKINS PLACE CLOSED</p> 	<p>21 9:15 SS Exercise - OCC 10:00 Wii Bowling - JP 10:30 SS Exercise - OCC 12:00 Get Organized! LNL - JP (#*)</p>	<p>22 9:30 SS Chair Yoga – OCC 1:00 Watercolor - JP (\$) 1:00 Scrabble - JP (#) 2:30 Mind Challenge Trivia - JP (#)</p>	<p>23 10:00 Mexican Train Dominoes - JP (#) 11:00 Tai Chi Easy – JP (#) For Wellness & Balance 1:00 Oil Your Joints - JP (#)</p>	<p>24 9:15 SS Exercise - OCC 10:30 SS Exercise – OCC 11:00 Scrabble - JP (#) 12:00 BINGO - JP (#) 1:00 Brain Fit - JP (#)</p>
<p>27 9:30 SS Chair Yoga – OCC 10:00 Art 101 w/Barbara - JP (#) 12:00 Lunch & A Show - JP (#)</p>	<p>28 9:15 SS Exercise - OCC 10:00 Wii Bowling - JP 10:30 SS Exercise - OCC 12:00 Update Meeting -JP (#*)</p>	<p>29 9:30 SS Chair Yoga – OCC 1:00 Watercolor - JP (\$) 1:00 Fake News: What ... Why ... How to Stop it - JP (#)</p>	<p>30 9:30 Coffee Meet Up @ Roast- ed (#\$) 11:00 Tai Chi Easy – JP (#) For Wellness & Balance 12:30 Lunch out at The Rail (North Olmsted) (#\$)</p>	<p>31 9:15 SS Exercise - OCC 10:30 SS Exercise – OCC 11:00 Scrabble - JP (#) 12:00 BINGO - JP (#) 1:00 Brain Fit - JP (#)</p>

Jenkins Place Senior Center
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The Jenkins Place Senior Center is funded in part by the Cuyahoga County Division of Senior and Adult Services through the Health and Services levy.

More information about the programs listed on the calendar can be found in our monthly newsletter, The Jenkins Observer. It can be found at www.olmstedfalls.org, the Jenkins Place and the Olmsted Community Center.

Please call Rachel at 440-427-2519 with questions.

GREEN TIP OF THE MONTH - January - 2020

Happy New Year! Here's a quick and simple guide to recycling for the new year.

Green means go.

Red means stop.

Single Stream Recycling
Recycle these items together

Green means go:

- Newspapers, magazines and mail
- Cereal and tissue boxes
- Aluminum and metal cans
- Glass bottles and jars
- Plastic bottles, jugs and food containers

Red means stop:

- Styrofoam
- Plastic bags
- Food waste
- Cords and wires

RADFORD UNIVERSITY

We will be putting Green Tips in the newsletter as space allows. If you have a Green Tip you would like to share, please contact Annette Towner, Sunshine Person.